

## APPENDIX G

### SAMPLE OF FAMILY LABOUR AND TIME PROFILE

No.	Activities	Hours/Days	Women	Men	Girls	Boys
<b>I.</b>	<b>Rice Plantation</b>					
	1. Preparation of Tools	1 day	-	+		
	2. Selection of Seed	1 day	+	-		
	3. Soaking seeds	1 day	+	+		
	4. Making Dikes	4 days	-	+		
	5. Making Fence	7 days	+	+		
	6. Transporting Manure	4 days	+	+		
	7. Plowing	4 days	-	+		+
	8. Harrowing	2 days	-	+		+
	9. Sowing	1 day	+	+		
	10. Uprooting Seedling	3 days	+	-	+	
	11. Transplanting	10 days	+	-	+	
	12. Watching Water	--	-	+		
	13. Weeding	20 days	+	+	+	
	14. Guarding the Field at Night	30 days	-	+		
	15. Harvesting	6 days	+	+		+
	16. Packing Hay	2 days	+	+		
	17. Threshing by Hand	4 days	+	+		
	18. Transporting to Storage	4 days	+	+		+
	19. Selling	1 day	+	-		
<b>II.</b>	<b>Shifting Cultivation</b>					
	1. Clearing Land	12 days	-	+		
	2. Burning Slash	4 days	-	+		
	3. Planting	8 days	+	+		
	4. Intercropping	4 days	+	-		
	5. Weeding	20 days	+	-		
	6. Harvesting	6 days	+	+		
	7. Threshing	5 days	-	+		
	8. Transporting Home	8 days	+	+	+	+
	9. Selling	--	-	-		
<b>III.</b>	<b>Livestock</b>					
	1. Cattle/Bufaloes	2 hours / day	+	+		+
	2. Release/Get Back Home	2 hours / day	+	+		
	3. Feeding Pigs	1 hour / day	+	+		
	4. Feeding Poultry	1 hour/ day	+	-	+	
	5. Watching Goats	3 hours/ day	-	-		+
	6. Pounding Animal Feeds	2 hours/day	+	-		
<b>IV.</b>	<b>Gardening for Consumption Cash Crop</b>					
	1. Land Preparation	2 days	+	-		
	2. Plowing or Digging	2 days	+	-		
	3. Fencing	2 days	+	-		
	4. Planting	2 days	+	-	+	
	5. Putting Manure	½ day	+	-		
	6. Watering	2 hour / day	+	-		
	7. Weeding and Taking Care	1 hour/day	+	-	+	
	8. Guarding at Night	--	+	-		
	9. Harvesting	1 day	+	-		
	10. Selling	5 days	+	-		
<b>V.</b>	<b>Household Works</b>					
	1. Cutting Tree for Fire Woods	1 hour / day		+		
	2. Going to Collect Fire Woods	1 hour/ day	+	+		
	3. Fetching Water	3 hours / day	+	-	+	
	4. Cleaning House/ Making Order	1 hour / day	+	-	+	
	5. Cooking	2 hours / day	+	-	+	

No.	Activities	Hours/Days	Women	Men	Girls	Boys
	6. Carrying Food to Field	1 hour / day	+	-		
	7. Taking Care of Sick People		+	+		
	8. Washing Clothes	2 days / week	+	+	+	
	9. Taking Care of Young Children	8 hours/day	+	-	+	+
	10. Go to Market for Foods durable Goods	4 days	-	+		
	11. Collecting Grass for Roof	20 days	+			
	12. Repairing House Roof	6 days		+		
<b>VI.</b>	<b>Handicrafts</b>					
	1. Weaving	20 days	+			
	2. Embroidery	5 days	+		+	
	3. Tailoring	--				
	4. Bamboo Works			+		
	5. Thatch Roofing Making	10 days	+			
	6. Blacksmith	6 days		+		
<b>VII.</b>	<b>Collect Forest Product</b>					
	1. Vegetables, Mushroom, Bamboo Shoot	20 days	+		+	+
	2. Hunting	20 days		+		
	3. Medicinal Herbs	3 days	+	+		